Advent Eucharistic Mission

at Saint Helen Catholic Church

Date: Thursday, December 4, 2025

Time: 6:00 P.M.

Location: Saint Helen Catholic Church

Theme: Encountering Jesus in the Eucharist

ADVENT EUCHARISTIC MISSION:
Encountering Jesus in the Eucharist: ***Becoming the Very Mystery We Receive***

Join us for a four day, life changing mission on the Eucharist directed by Dr. Mary Amore. The Eucharist is the core of our Catholic Faith, and during this mission we will explore the following:

Dec. 1 (M) **Night One**: *The importance of FAITH in our Eucharistic encounter with Jesus*
Dec. 2 (T) **Night Two**: *Eucharist as a Pathway to Spiritual Transformation*
Dec. 3 (W) **Night Three**: *Eucharist as an Invitation to Spiritual Healing and Wholeness*
Dec. 4 (Th) **Night Four**: *Eucharist as the catalyst for Discipleship in our World*

*****All parents are encouraged to attend* ***Night Four.***





Speaker: Dr. Mary Amore

Dr. Mary Amore, Executive Director holds a Doctor of Ministry Degree in Liturgy and Master of Arts in Pastoral Studies from Catholic Theological Union. Dr. Amore is the author of four books published through Our Sunday Visitor: *Primary Symbols of Worship and the Call to Participation; Every day with Mary; Every Day with Joseph; and Every Day with Jesus.* She is the creator of two DVD Series: Eucharist: Pathway of Transformation, Healing and Discipleship, and From Mary's Heart to Yours, published by Pauline Media.